

Team Building with The MBTI®



PPEARL MY
Phone No: + 603-22601200
enquiries.my@pppearl.com

PPEARL SG
Phone No.:+65 68832291
enquiries.sg@pppearl.com

Website: www.ppearl.com

PPEARL SOLUTIONS CONSULTING SDN. BHD.
Unit C-12-5, Level 12, Block C, Megan Avenue II
12, Jalan Yap Kwan Seng, 50450 Kuala Lumpur
Malaysia

PPEARL SOLUTIONS CONSULTING PTE. LTD.
152 Beach Road, #28-00 Gateway East
Singapore 189721

MBTI® and Team Building

PPEARL recommends the use of the *Myers-Briggs Type Indicator*® (MBTI®) instrument, combining it with experiential learning activities to enable team leaders and members to establish a framework that combines differing inherent strengths within a team to form a more effective whole.

The MBTI® assessment is the most widely used personality assessment. It allows individuals to explore and better understand their own personality type, and to relate it to the personality types of other people with whom they interact. The MBTI® will help teams to:

- Help recognise, appreciate and make use of the strengths of each type in the group;
- Help group members grow in their development as each learns from the skills of the other;
- Conduct meetings so as to take advantage of the contributions of each type;
- Help those who work and live together to understand how previously irritating and obstructive differences can become a source of amusement, interest and strength.

PPEARL Approach to Team Building Using the MBTI®

The PPEARL approach covers a variety of practical applications with the integration of unique interactive activities, which highlight type preferences.

The PPEARL MBTI® team building experience is broken up into 2 main sections:

1. MBTI® theory and administration:

The team is introduced to the MBTI® theory, following which the MBTI® instrument is administered and a team type is developed.

2. Discovery exercises:

The discovery exercises aims to help the team explore and understand the personality 'mix' within the team, hence leading the team to better understand the roles that each individual could play, the type of conflicts that might exist in the team and how it might be overcome. This section of the team building experience is fully experiential in nature.

PPEARL Team Building Using the MBTI®

Duration

1-2 Days

Who Should Attend

Supervisors and team members interested in working more effectively within a team

Course Content

- Introduction of MBTI® and obtaining a self estimate
- Administration of the MBTI® Form M
- Finding the team type
- Discovery exercises for all dichotomies
- Discover exercise for understanding the need for all types.
- Conclusions and reflection for the day.



About PPEARL

PPEARL is a HR consultancy with offices in Singapore and Malaysia. We partner with our clients to design effective and efficient HR solutions that are aligned with their unique business strategies and objectives.

We at PPEARL believe every individual plays an integral part towards an organisation's success regardless of their role. Our team of experienced consultants have the skills and tools to uncover those talents and bring out the best in every individual.

We can identify where people should be placed so that they are motivated to grow and perform to their maximum capacity.

PPPEARL

Uncovering the Talent Within